

PAIN MANAGEMENT DISCHARGE INSTRUCTIONS

BLEEDING

- Small amounts of oozing may be normal
- If your dressings are saturated or soaked with blood, or you experience progressive drainage from the surgical site, you may need to call your surgeon

SIGNS OF INFECTION

- Swelling around the operative area
- Increased redness
- Warmth
- Hardness around the operative area
- If you see any of the signs of infection listed above, notify your surgeon

NAUSEA AND VOMITING

- If you become nauseated and do not have medication for it, call your surgeon
- You may experience nausea immediately after the procedure but that should subside

GENERAL INSTRUCTIONS

- Use ice, NO HEAT, for the first 24 hours
- You may remove the bandaid and shower today. NO hot tubs, pools, or baths for the next 48 hours.

**If you have an emergency, go to the nearest
Emergency Room or dial 911**



Monday - Friday | 8:00 AM - 4:00 PM
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